

Integrative Homeopathy (I. Hom.) Certification Requirements Outline

Session 1:

| Course: | Credit Hours |
|---|---------------------|
| Intro to Integrative Homeopathy | 3 |
| Homeopathy 101 | 8 |
| Introduction to Qigong | 4 |
| Understanding Chakras (<i>the Energy Body</i>) | 4 |
| Superfoods & Herbal Tonics 1 | 3 |
| Making Herbals (<i>Remedies, Tinctures, Poultices, Teas & Blends</i>) | 3 |
| Wellness & Lifestyle 1 | 3 |

| Required Books: | Price: |
|---|--|
| MetaRepertory (4 th Edition) | \$89.00 |
| Nature's Materia Medica (3 rd Edition) | \$79.00 |
| Herbal Wellness Guide | \$59.00 |
| Superfood Wellness Guide | \$59.00 |
| Health, Wellness & Joy! Lifestyle Guide | \$10.00 (Digital) / \$20.00 (Spiral Bound) |

Session 2:

| Course: | Credit Hours |
|--|---------------------|
| Homeopathy 102 | 8 |
| Qigong Healing Sounds & Modalities | 6 |
| Superfoods & Herbal Tonics 2 | 3 |
| Wellness & Lifestyle 2 | 2 |
| Medical Astrology | 4 |
| Creating Individualized Wellness Plans | 2 |

Session 3:

| Course: | Credit Hours |
|------------------------------|---------------------|
| Polychrest Remedies | 8 |
| Superfoods & Herbal Tonics 3 | 5 |
| Qigong Movement & Meditation | 5 |
| Cell Salts & Tongue Analysis | 4 |
| Wellness & Lifestyle 3 | 4 |

| Required Books: | Price |
|--|--------------|
| <i>Cooking up . . . Health Wellness & Joy!</i> | \$18.95 |

Session 4:

| Course: | Credit Hours |
|---------------------------------------|---------------------|
| Qigong Modalities | 6 |
| Case Analysis / Homeopathy with Herbs | 8 |
| Gemstone Remedies | 4 |
| Wellness & Lifestyle 4 | 4 |
| Wellness & the Aging Process | 3 |

This is a working outline; the total cost of this program certification will not be determined until all classes have been successfully recorded. Book prices above do not include shipping costs.