

Nature's Materia Medica
(Fourth Edition)
by Robin Murphy, ND
New Remedies List

1. ***Acidophilus bifidus**.....15
2. ***Alfalfa**, (Herbal).....79
3. ***Aloe arborescens**, (Tree Aloe).....90
4. ***Aloe vera**, (Aloe Barbadenis).....97
5. ***Amber**, (Gemstone).....110
6. ***Amethyst**, (Gemstone).....116
7. ***Apple cider vinegar**.....180
8. ***Aquamarine**, (Gemstone).....191
9. ***Asafoetida**, (Gum Stinkasand).....238
10. ***Ashwagandha**, (Withania Somn.).....246
11. ***Asparagus**,(Asparagus Officinalis).....249
12. ***Astragalus membran.**, (Huáng Qí).....258
13. ***Avena sativa**, (Oat straw).....275

14. ***Bacopa monnieri**, (Brahmi).....283
15. ***Baking soda**, (Sodium Bicarbonate)....286
16. ***Bamboo charcoal**.....286
17. ***Beet root**, (Beta Vulgaris).....310
18. ***Bentonite clay**, (Montmorillonite).....322
19. ***Bilberry**, (Vaccinium Myrtillus).....336
20. ***Bitter melon**, (Momordica Charantia)...340
21. ***Black cumin seed**, (Nigella Sativa).....343
22. ***Black pepper**, (Piper Nigra).....346
23. ***Black walnut**, (Juglans Nigra).....348
24. ***Blackberry**, (Rubus Fruticosus).....350
25. ***Blackstrap molasses**.....353
26. ***Bladderwrack**, (Fucus Vesiculosus).....355
27. ***Bloodstone**, (Gemstone).....359
28. ***Blue lotus**, (Nymphaea Caerulea).....360
29. ***Blue sapphire**, (Gemstone).....361
30. ***Blueberry**, (Vaccinium Cyanococcus)....362
31. ***Buah merah**, (Pandanus Conoid. Lam).394

32. ***Cacao**, (Theobroma Caco).....403
33. ***Calendula officinalis**, (Pot Marigold)....449
34. ***Cannabidiol**, (CBD Hemp Oil).....458
35. ***Carbo fullerenum**, (Carbon 60).....472
36. ***Cardamom**, (Elletaria Cardamomum)....490
37. ***Castor oil**, (Ricinus Communis).....502
38. ***Cat's claw**, (Uncaria Tomentosa).....505
39. ***Cayenne**, (Capsicum Annuum).....513
40. ***Celery**, (Apium Graveolens).....522
41. ***Chaga mushroom**, (Inonotus Obliqu.)..532
42. ***Charcoal**, (Activated).....538
43. ***Chia, seeds**, (Salvia Hispanica).....551
44. ***Chicory root**, (Cichorium Intybus).....554

45. ***Chlorella vulgaris**, (Freshwater Algae)..577
46. ***Chlorophyll**.....579
47. ***Cinnamon**, (Cinnamomum Verum).....606
48. ***Clove oil**, (Syzygium Aromaticum).....616
49. ***Coconut oil**, (Cocos Nucifera).....635
50. ***Coenzyme Q10**, (Ubiquinone).....638
51. ***Colloidal Silver**.....652
52. ***Coriander**, (Coriandrum Sativum).....669
53. ***Cordyceps mushroom**.....670
54. ***Coronavirus nosode**, (Covid-19).....675
55. ***Cranberry**, (Vaccinium Macrocarpon)....681
56. ***Cucumber**, (Cucumis Sativus).....698

57. ***Dandelion**, (Taraxacum Officinale).....720
58. ***Diatomaceous earth**, (Plant Silica).....727
59. ***Dong quai**, (Angelica Sinensis).....746
60. ***Dragon's blood**, (Croton Draco).....750

61. ***Elderberry**, (Sambucus Nigra).....769
62. ***Electricitas**, (Electricity).....771
63. ***Electromagnetic radiation**.....773
64. ***Eucalyptus globulus**, (Blue Gum Tree)..791
65. ***Evening primrose oil**,(Oenothera Bi)...811

66. ***Fennel**, (Foeniculum Sativum).....818
67. ***Fenugreek**, (Trigonella Foenum)..... 821
68. ***Figs**, (Ficus Carica).....841
69. ***Flaxseed**, (Linum Usitatissimum).....844
70. ***Fo ti**, (Polygonum Multiflorum).....853
71. ***Frankincense**, (Boswellia Sacra).....860
72. ***Fulvic acid**,(Fulvate Minerals).....867

73. ***Galanga root**,(Alpinia Galanga).....872
74. ***Garlic root**, (Allium Sat.).....877
75. ***Ginger root**, (Zingiber Officinale).....895
76. ***Ginkgo leaf**, (Maidenhair Tree).....898
77. ***Ginseng root**, (Panax Ginseng).....900
78. ***Gluten**, (Wheat Gluten).....905
79. ***Glyphosate**, (Roundup, Herbicide).....907
80. ***Goji berries**, (Lycium Barbarum).....910
81. ***Gotu kola**, (Hydrocotyle Asiatica).....913
82. ***Graviola tree**,(Annona Muricata).....923
83. ***Green tea**,(Camellia Sinensis).....925
84. ***Griffonia seeds**,(Griffonia Simplic.).....927
85. ***Gynostemma pent.**,(Immortality Vine)..938

86. ***Hawthorn berries**, (Crataegus Oxy.)....948
87. ***Helicobacter pylorii**.....961
88. ***Hibiscus flower**, (Hibiscus Sabdariffa)..978
89. ***Himalayan sea salt**, (Ancient Sea Salt).979
90. ***Holy basil**, (Ocimum Sanctum).....989
91. ***Honey**, (Mel).....994

92. *Horsetail, (*Equisetum Arvense*).....997
93. *Hydrogen peroxide, (*Hydrogen Per.*)...1018
94. *Indium sulphuricum, (*Indium sulph.*)....1048
95. *Jade, (*Nephrite*).....1076
96. *Japanese knotweed, (*Polygonum C.*)...1079
97. *Jasmine flower, (*Jasmine Off.*).....1081
98. *Jjoba oil, (*Simmondsia Chinen*).....1087
99. *Kava kava, (*Piper Methysticum*).....1141
100.*Kombucha tea, (*Fermented Tea*).....1144
101.*Kudzu vine, (*Pueraria Lobata*).....1152
- 102.*Lavender, (*Lavandula Vera*).....1207
103.*Lemongrass, (*Cymbopogon Citratus*).1214
104.*Lemons, (*Citrus Limonum*).....1216
105.*Licorice root, (*Glycyrrhiza Glabra*).....1226
106.*Lion's mane, (*Hericium Erinaceus*).....1235
107.*Lomatium dissectum, (*Indian carrot*)..1249
- 108.*Maca root, (*Lepidium Meyenii*).....1273
109.*Maitake mushroom, (*Grifola Frond.*)..1297
110.*Malachite, (*Gemstone*).....1298
111.*Mango fruit, (*Mangifera Indica*).....1310
112.*Matcha, (*Green Tea*).....1314
113.*Melatonin, (*Pineal Gland Hormone*).....1327
114.*Moringa leaf, (*Moringa Oleifera*).....1382
115.*Moringa oil, (*Moringa Oleif. oleum*).....1385
116.*Mucuna seeds, (*Dolichos Pruriens*).....1391
117.*Myrrh oil, (*Commiphora Myrrha*).....1404
- 118.*Neem bark, (*Azadirachta Indica*).....1442
119.*Nettles, (*Urtica Urens*).....1447
120.*Nitric oxide, (*Nitricum Oxidatum*).....1463
- 121.*Olive leaf, (*Olea Europea*).....1494
122.*Olive oil, (*Oleum Olea Europea*).....1494
123.*Onions, (*Allium Cepa*).....1499
124.*Oscilloccocinum, (*Anas Barbariae*).....1520
125.*Osha root, (*Ligusticum Porter*).....1520
126.*Oxygenium, (*Oxygen*).....1531
- 127.*Papaya fruit, (*Papaya vulgaris*).....1542
128.*Parsley, (*Petroselinum Sativus*).....1555
129.*Pau D'arco, (*Tabebuia Impetiginosa*)..1561
130.*Pearl, (*Gemstone*).....1563
131.*Peppermint oil, (*Mentha Piperita*).....1568
132.*Pineapple, (*Ananas Comosus*).....1611
133.*Pomegranate, (*Granatum Pom.*).....1649
134.*Pumpkin seeds, (*Cucurbita Pepo*).....1684
- 135.*Reshi mushroom, (*Ganoderma Luc*...1718
- 136.*Rhodiola root, (*Rhodiola Rosea*).....1724
137.*Ruby, (*Gemstone*).....1755
- 138.*Saffron, (*Crocus Sativa*).....1784
139.*Sage, (*Salvia Officinalis*).....1786
140.*Sandalwood oil, (*Santalum Album*)....1797
141.*Sauerkraut, (*Brassica Oleracea*).....1819
142.*Saw palmetto, (*Sabal Serrulata*).....1821
143.*Schizandra berry, (*Schizandra Chin.*)...1824
144.*Sea buckthorn, (*Hippophae Rhamn.*)...1831
145.*Serrapeptase, (*Serratio Peptidase*).....1859
146.*Shiitake mushroom, (*Lentinula Ed.*)....1862
147.*Shilajit, (*Mineral Pitch*).....1863
148.*Siberian ginseng, (*Eleutherococcus*)...1866
149.*Somatropin, (*Human Growth Horm.*)...1898
150.*Star anise, (*Anise stellatum*).....1926
151.*Suma root, (*Pfaffia Paniculata*).....1964
- 152.*Tabernanthe iboga, (*iboga bark*).....1986
153.*Tamarind, (*Tamarindus indica*).....1987
154.*Tamanu oil, (*Calophyllum Inophyllum*)...1990
155.*Tea tree oil, (*Melaleuca Alternifolia*).....2005
156.*Teasel root, (*Dipsacus Sylvestris*).....2007
157.*Tongkat ali, (*Eurycoma Longifolia*).....2052
158.*Topaz, (*Gemstone*).....2054
159.*Turkey tail mushroom, (*Trametes Ver.*)..2069
160.*Turmeric, (*Curcuma Longa*).....2071
- 161.*Vanilla bean, (*Vanilla Aromatica*).....2098
162.*Vinca rosea, (*Madagascar Periw.*)..2122
163.*Voacanga africana, (*Seeds of Gods*)2132
- 164.*Walnuts, (*Juglans Regia*).....2133
165.*Wasabia, (*Wasabia Japonica*).....2135
166.*Watercress, (*Nasturtium Officinale*)....2137
167.*Watermelon, (*Citrullis Lanatus*).....2140
- 168.*Yellow dock, (*Rumex Crispus*).....2154
169.*Yellow sapphire, (*Gemstone*).....2157
170.*Yerba mate, (*Ilex Paraguayensis*).....2157
- 171.*Zeolite, (*Gemstone*).....2162
172.*Zincum aceticum, (*Zinc Acetate*).....2164