Affirmations for Everyday Clearings:

Stand guard at the portal of your thoughts, what we say and think effects our health, the well-being of the people around us and our world.

Give thanks for your desires, being in the right place at the right time, balanced hormones, property you wish to acquire or sell. Thoughts manifest and become reality.

Affirm that you are a good listener to your body and use this list to help clear negativity.

- 1. I am aware of all attempts to manipulate my mind. My mind rejects all harmful, subliminal and negative subconscious messages. I engulf myself with white healing light.
- 2. I am aware of all non-beneficial energies in my energy field. I ask that all non-beneficial energies be transported to a different dimension never to return.
- 3. I am aware of all danger to myself, family, friends and country. I take appropriate action to prevent or avoid the danger.
- 4. I am always in the right place at the right time. I say the right thing at the right time in the best possible way.
- 5. I create an energy field around me that transforms all non-beneficial energy into the most appropriate energy needed at the time. I engulf myself with white healing light.
- 6. I attract to me people, events and energy to enhance prosperity and fun. I deserve prosperity and fun.
- 7. I understand my life and its purposes, I have the knowledge and ability to fulfill them.
- 8. My body absorbs appropriate nutrients of all food and drink that I consume. I maintain my ideal size and weight. I am grateful for my body's ability to balance my hormones.
- 9. I have enough time to do everything I choose to do. I do it well, with time to spare.
- 10. I repel all people, events and energies that are harmful to me. I remove any and all past and present curses and send them to another dimension never to return.

These affirmations have been enhanced with my thoughts and feminine energy, they are originally from the work of Raymon Grace, I strongly suggest you investigate his work. Blessings and protection for yourself and your family should be consciously done everyday.

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